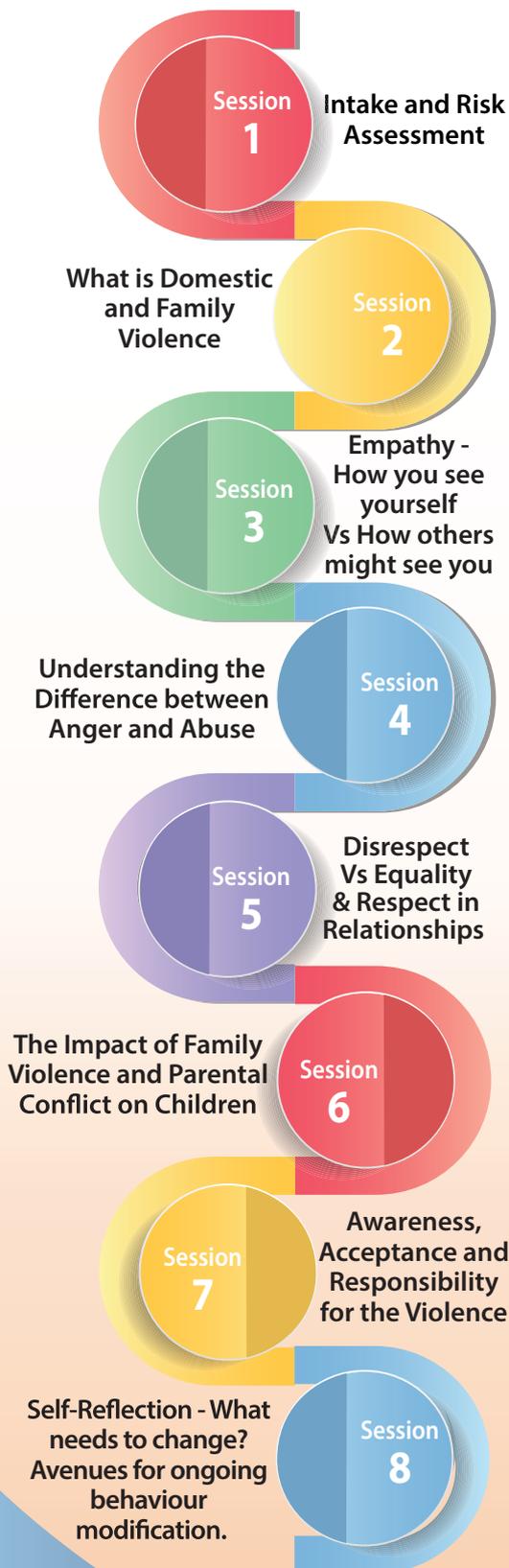


# Northern Frontiers Mediation & Counselling Family Violence Awareness Programme



The Family Violence Awareness Programme is a primary intervention designed to engage individuals who use abusive behaviours in their intimate and family relationships.

This programme is both educational and motivational with a strong focus on the nature and impact of family violence on individuals, relationships, children and other vulnerable people.

The programme is offered in a structured individual counselling format to maximise opportunity for self-reflection and core awareness building.

Service delivery is flexible to accommodate the needs of people living or working in remote locations. Participants may attend voluntarily or via a process of being court mandated before or at the time of sentencing.

#### TARGET GROUP:

The Family Violence Awareness Programme is an 8-week programme designed to meet the needs of individuals in the pre-contemplative or contemplative stage of behaviour change in preparation for ongoing long-term behaviour modification.

In accordance with best practice the Family Violence Awareness Programme offers a consistent and thorough focus on the safety of victims and their dependents who are our primary clients – making it particularly relevant to child safety services.

A participant Progress Report or Completion Report is provided free of charge.

Refer overpage for session overview.

For further information call  
1300 90 81 70

or our centralised appointment line  
0419 531 269

Email: [reception@northernfrontiers.com.au](mailto:reception@northernfrontiers.com.au)  
[www.northernfrontiers.com.au](http://www.northernfrontiers.com.au)

#### PROFILE



*Melinda Bailey*

- Senior Counsellor
  - Family Dispute Resolution Practitioner
  - Parenting Consultant
  - Bachelor Social Science
  - Post Grad Diploma Family Dispute Resolution
- Melinda has 20+ years counselling experience working with people from a broad demographic across a wide range of life issues.

# Northern Frontiers Mediation & Counselling Family Violence Awareness Programme

Session Overview			
<i>Awareness of Abusive Behaviours in Intimate Relationships</i>			
Session	Topics	Duration	Cost <sup>^</sup> *
1	Intake and Risk Assessment	60mins	\$110
2	What is Domestic and Family Violence	60mins	\$110
3	Empathy - How you see yourself Vs How others might see you	60mins	\$110
4	Understanding the Difference between Anger and Abuse	60mins	\$110
5	Disrespect Vs Equality & Respect in Relationships	60mins	\$110
6	The Impact of Family Violence and Parental Conflict on Children	60mins	\$110
7	Awareness, Acceptance and Responsibility for the Violence	60mins	\$110
8	Self-Reflection - What needs to change? Avenues for ongoing behaviour modification.	60mins	\$110
Report	If the client wishes to have a report outlining their conduct and completion of this programme, the Counsellor can prepare a report within two business days of completion of Session 8.		
<sup>^</sup> Participants who pay individually for each session must make payment two business days prior to each session. No refunds are given for cancellations within two business days of session commencement.			
* A 10% discount is available for clients who choose to prepay the entire cost of the programme prior to commencement.			

## Referral Process

**IMPORTANT:** This intervention is appropriate for people in the pre-contemplative or contemplative stage of behaviour change. A suitability assessment is required at the time of referral and continued participation is dependent on the individual's ongoing demonstrated commitment to behaviour modification. A report outlining the individual's attendance and participation can be made available at completion of Session 8 or at a time deemed appropriate by the Counsellor should participation be discontinued.

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