



Northern Frontiers Cairns & FNQ provides a range of mediation and counselling services to the region and Australia-wide. All our services are available face-to-face at our Cairns Office, as well as via phone and videochat (FaceTime, Zoom, Skype etc) platforms. Clients can access services from the comfort of their home, or wherever they may be.

FAMILY MEDIATION

Settle disputes involving separated families with an impartial third person. Our accredited Family Dispute Resolution Practitioner can guide you through the process of developing a Parenting Plan or Property Agreement.

RELATIONSHIP COUNSELLING

Feeling hurt and frustrated? Professional help is available. Learn how to listen to each other without arguing. Understand each other's needs and how to meet them. Start the relationship repair process today.

WORKPLACE MEDIATION

Frustrated and distracted by workplace conflict or ill-feeling? Mediation offers an opportunity for differences to be discussed and misunderstandings to be clarified through respectful communication and discussion.

EMPLOYEE ASSISTANCE PROGRAMME

Personal or workplace problems can quickly become personnel problems if left unattended. EAP offers free short-term solution-focussed counselling support for staff.

PARENTING AGREEMENT COACHING

This service involves one parent working with an experienced Mediator to prepare a draft Parenting Agreement that can be presented to the other parent for their consideration.

PRE-MARRIAGE COUNSELLING

Embarking on a life-long commitment can be as exciting as it is daunting. Learn how to ensure love lasts a lifetime by openly and honestly discussing your fears and identifying each other's needs

COUNSELLING

Get help for a range of life issues such as Relationship Breakdown; Parenting; Grief & Loss; Peer Pressure; Thoughts of Self-Harm; Conflict at Work; Bullying; Family Separation; Stress Management, Child and Teenager Issues.

FINANCIAL COUNSELLING

This service can assist individuals who are in financial difficulty, or simply wish to strengthen their financial position. Helpful tips and potential strategies are provided, but not advice.

MANAGER ASSIST & MENTORING

This service can assist managers in assessing, planning, implementing and achieving their personal, career and organisational goals in whatever industry they are in.

Appointments available from 7.30am weekdays

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