



Phone & Videochat
or Face-to-Face

Northern Frontiers Services Family Violence Awareness Programme 2022 Brochure

Session 1
Intake and Risk Assessment

What is Domestic and Family Violence

Session 2

Session 3
Empathy - How you see yourself Vs How others might see you

Understanding the Difference between Anger and Abuse

Session 4

Session 5
Disrespect Vs Equality & Respect in Relationships

The Impact of Family Violence and Parental Conflict on Children

Session 6

Session 7
Awareness, Acceptance and Responsibility for the Violence

Self-Reflection - What needs to change? Avenues for ongoing behaviour modification.

Session 8

The Family Violence Awareness Programme is a primary intervention designed to engage individuals who use abusive behaviours in their intimate and family relationships.

This programme is both educational and motivational with a strong focus on the nature and impact of family violence on individuals, relationships, children and other vulnerable people.

The programme is offered in a structured individual counselling format to maximise opportunity for self-reflection and core awareness building. Service delivery is flexible to accommodate the needs of people living or working in remote locations. Participants may attend voluntarily or via a process of being court mandated before or at the time of sentencing.

TARGET GROUP:

The Family Violence Awareness Programme is an 8-week programme designed to meet the needs of individuals in the pre-contemplative or contemplative stage of behaviour change in preparation for ongoing long-term behaviour modification.

In accordance with best practice the Family Violence Awareness Programme offers a consistent and thorough focus on the safety of victims and their dependents who are our primary clients – making it particularly relevant to child safety services.

A participant Progress Report or Completion Report is provided free of charge.

Refer overpage for session overview.

CALL:	1300 90 81 70
EMAIL:	reception@northernfrontiers.com.au
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Session Overview

Awareness of Abusive Behaviours in Intimate Relationships

Session	Topics	Duration	Cost ^{^*}
1	Intake and Risk Assessment	50mins	\$125
2	What is Domestic and Family Violence	50mins	\$125
3	Empathy - How you see yourself Vs How others might see you	50mins	\$125
4	Understanding the Difference between Anger and Abuse	50mins	\$125
5	Disrespect Vs Equality & Respect in Relationships	50mins	\$125
6	The Impact of Family Violence and Parental Conflict on Children	50mins	\$125
7	Awareness, Acceptance and Responsibility for the Violence	50mins	\$125
8	Self-Reflection - What needs to change? Avenues for ongoing behaviour modification.	50mins	\$125
Report	If the client wishes to have a report outlining their conduct and completion of this programme, the Counsellor can prepare a report within two business days of completion of Session 8.		

[^] Participants who pay individually for each session must make payment two business days prior to each session. No refunds are given for cancellations within two business days of session commencement.

* A 15% discount is available for clients who choose to prepay the entire cost of the programme prior to commencement.

Referral Process

IMPORTANT: This intervention is appropriate for people in the pre-contemplative or contemplative stage of behaviour change. A suitability assessment is required at the time of referral and continued participation is dependent on the individual's ongoing demonstrated commitment to behaviour modification. A report outlining the individual's attendance and participation can be made available at completion of Session 8 or at a time deemed appropriate by the Counsellor should participation be discontinued.

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